



SEKENAH TENNISON

MEDIA KIT



Hi, I'm Sekenah

I match candidates seeking employment with companies looking to hire.

Sekenah Tennison is the owner of Possibilities Network, an organization that partners with Michigan Rehabilitation Services to connect individuals facing employment barriers with suitable job opportunities. As a former Vocational Rehabilitation Counselor and Business Resource Specialist, Sekenah has extensive experience in managing successful employment programs. Sekenah was trained in the Employment Outcomes Professional Model, which prioritizes understanding employers' needs and ensuring their satisfaction with candidates presented to them before any agreements are made.

She is an award-winning Employment Strategist with a Master's Degree in Counseling and was named Bold Woman of Business for Michigan's Great Southwest in 2022. She has won multiple awards over the years, including the Department of Labor and Economic growth Certificate of Excellence in Service, DHHS Star Award, and Moody On The Market 40 under 40. Through social media, Sekenah serves an audience of more than 10,000 followers per week.

When she is not supporting people in taking charge of their life and career, Sekenah can be found homesteading at her Civil War Era home with her husband Jesse.



Speaking Topics

1. THE ART OF GOOD RELATIONSHIPS: HOW THE CLOSEST 5 PEOPLE TO US DIRECT OUR LIVES

The five people closest to us have the power to shape our destiny. We absorb the outlook, attitudes, and beliefs of our inner circle. Imagine if we carefully selected those who inspire and embolden us. With the right influencers, we can be inspired to ambition and have greater courage towards our dreams. In this talk, we'll discuss the typical characters we meet throughout life and how to choose our companions with care, essentially taking control of who will have the power to direct us on our life's journey.

2. TRAUMA AND THE GOOD LIFE:

For some of us, life can easily feel like an endless bombardment of one trauma to the next. A journey that can leave us feeling hopelessly unlucky. It's true life isn't easy yet it is also true that most profound tragedies don't come too often in our lifetime. There are lots of moments in between that we can learn to enjoy. This empowering presentation will help audiences understand how daily choosing to give ourselves the best life possible will help anchor us during inevitable times of grief and loss.

3. DEFINING YOUR STORY: THE PATH TO TRULY LIVING

How much of the life you are currently living is based on someone else telling you who you are? From childhood to the communities from which we come; characterizations, being pigeon-holed and stereotypes are all ways that we are unconsciously influenced to live out the stories that others have used to define us.

This empowering talk will challenge you to examine how you've been defined by others and encourage you to begin writing your own story based on your personal truth and the future you want to create.



Notable Press



MOTIVATIONAL SPEAKER

ABC News: [Read the article](#)

Herald Palladium: Read some of the articles [here](#), as well as [here](#), and [here](#)

Her Morning Coffee Podcast: [Listen here](#)

Moody on The Market: [Read the articles here](#) and [here](#)

PechaKucha: [Read about it here](#)

Leader Publications: [Read the article](#)

Andrews University: [Watch here](#)



GET IN TOUCH



Email:

info@possibilities-network.com

Sekenah Tennison (She/her) is a Licensed Counselor and award-winning Employment Strategist available for keynote presentations, workshops, media interviews and spokesperson opportunities. Her insightful and inspirational presentation style draws in your audience and leaves them excited to take bold action. Schedule a meeting or an interview or book her on your stage today!